

WHO WE ARE

HelpMeSee is a nonprofit organization whose ultimate aim is to restore vision for the millions of cataract-afflicted patients. To achieve this goal, HelpMeSee will increase the number of qualified and trained MSICS surgeons in the world. A well-designed and unique simulator-based training system will provide comprehensive training to aspiring surgeons and cataract specialists. At the center of HelpMeSee's training program is a virtual reality eye surgical simulator that it is developing.



WHY MSICS?

MSICS is a technique that meets the growing need for cataract treatment in developing economies and low resource settings. More often than not, the poor are deprived of early interventions because they lack financial resources to treat their condition. With years of neglect and lack of adequate resources, their cataracts are often left untreated. This leads to a large volume of people suffering from mature cataracts. MSICS becomes a practical solution for treating such patients because it is low-cost and especially suited for the removal of mature and hardened cataracts. The procedure is equally safe and effective as other procedures such as Phacoemulsification.

HOW TO GET ACCESS?

For more information and to purchase the HelpMeSee eBook, visit us at:
<https://training.helpmeseesee.org/msics-ebook>

To download the eBook or get information about the eBook on Android tablet email us at:
ebooks@helpmeseesee.org

The HelpMeSee MSICS eBook is available on Android and Windows operating systems.

HelpMeSee seeks to reduce the backlog of people suffering from cataract blindness worldwide by delivering quality training in Manual Small Incision Cataract Surgery (MSICS).

HelpMeSee is engaged in the development of MSICS training solutions and eyecare management systems for sustainable treatment of blindness caused by cataracts.

HelpMeSee Inc.

20 West 36th Street, Floor 4
New York, NY 10018
Telephone: 1.844.435.7637
1.212.221.7605
email: training@helpmeseesee.org

HelpMeSee India Foundation

703, 7th Floor, A Wing
Supreme Business Park
Hiranandani Gardens
Powai, Mumbai, India. 400076
email: infoindia@helpmeseesee.org

HelpMeSee Inc. China Office

Lucky Tower B-1018, 3 North Road
East Third Ring Road
Beijing 100027, P.R. China
email: china@helpmeseesee.org

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HelpMeSee MSICS eBook



A Multimedia
Learning Tool with
Rich Insights, Detailed
Instructions and
Expert Guidance

WHAT DOES THE EBOOK COVER?

HelpMeSee has established a standardized procedure for its Simulation-Based Training program. The eBook has been developed by HelpMeSee as a primary reference for the trainees enrolled in its programs. It is an apt reference for novices in Manual Small Incision Cataract Surgery (MSICS) and therefore being offered independently to anyone interested in the subject.

The HelpMeSee MSICS eBook covers:

- Surgical team preparation and the patient selection process
- Surgical techniques and step-by-step instructions for each surgical task
- Handling complications and avoiding errors during surgery
- Management of case variations and adaptation of surgical techniques to address them
- Post-operative checks and care

BENEFITS

- The HelpMeSee MSICS eBook provides a detailed description of the surgical concepts and techniques in addition to instructions on task performance.
- It prepares aspiring surgeons to become thinking surgeons who can adapt their techniques to suit the variations in patient conditions and deliver safe treatment.
- Valuable for even those who are learning the procedure with certain variations in the surgical tasks.
- Helps lay a strong cognitive foundation for all trainee surgeons.
- Can serve as an effective supplementary reference for any MSICS training program.

EBOOK FEATURES

The HelpMeSee MSICS eBook has been written with simplified English language in order to make complex subject matter easy to understand for those who have learned English as a second language. It is a multimedia rich resource containing more than 1000 images, and 150 animations and videos. The videos and images serve as a quick reference to support superior understanding of the concepts and instructions. It relieves the learners from the trouble of searching the Internet for appropriate references.

The content has been structured into various sections drawing attention to visual and tactile cues, tips from expert surgeons, quick recaps, and questions directed at self-assessment and promoting discussions amongst peers.

The eBook allows users to:

- Add notes within the eBook and export them as PDFs
- Bookmark pages
- Highlight important content
- Access a glossary that lists definitions of several English words and medical terms
- View MSICS procedural tasks.
- Play animations and videos from a library that lists all the multimedia elements

TESTIMONIALS

“The production of this invaluable eBook will be useful for both trainee and trainers.

There is great attention to details, with pictorial representation and videos of every step of surgery, such that the book is easy to understand.”

- Professor Adenike O. Adeoye.
FWACS; FMCophth.

Department of Ophthalmology, Faculty of Clinical Sciences, College of Health Sciences, Obafemi Awolowo University, Ile-Ife, Nigeria.

“The HelpMeSee Cataract Surgery eBook was designed to create a multifaceted interactive experience so that students can master this material and become experts in the theory behind MSICS.”

- Dr. Van Charles Lansingh
Chief Medical Officer, HelpMeSee